



FOR ED ucation about our environment and its natural resources.

## **POSTER CONTEST FOR BC ABORIGINAL STUDENTS**

Feb. 1, 2010

To celebrate the **rich cultural and heritage traditions of BC's aboriginal people**, FORED is sponsoring a poster contest with **cash prizes for aboriginal youth**. The theme is ***Traditional Knowledge and Medicine***.

Poster submissions should illustrate the above theme with artwork and any brief description as required. The winning entry from the three categories of primary, intermediate and secondary aboriginal students will each collect a **\$50 prize** from **FORED BC**. Winning posters will also be uploaded to the FORED website.

**This is a wonderful opportunity to find a mentor in the elder community, to pass down this important knowledge to First Nations youth.**

FORED BC, short for FOR EDucation about our environment & its natural Resources, is a charitable non-profit association established in 1925. We work with aligned groups and volunteers such as the Spirit Bear Youth Coalition, and the Aboriginal Forest Industries Council, on community-based sustainability projects. This poster contest is a component of our AHEAD (Aboriginal Heritage Education and Dialogue) program.

**Deadline** for poster submission to FORED BC is **April 15, 2010**. Posters can be on any size paper up to **11x17** and reflect the theme. Any type of artistic medium may be used, i.e. pencil, crayon, paint, mural, collage, computer graphics etc. *Students should note their name, Band affiliation, grade, school, city, phone/email on the back of all posters.* Emailed submissions are welcome as long as they are 300 dots per inch resolution and scanned at the actual size. A .jpg or .pdf file is fine. All posters become the property of FORED BC. **Due to the large volume of entries received, FORED is not able to return posters. Only winners will be notified.**

For any questions on the poster event, please email [education@foredbc.org](mailto:education@foredbc.org) or fax 604-737-8598.

**Please mail posters postmarked no later than April 15, 2010 to FORED BC,  
c/o Education Coordinator, #213-4438 West 10th Ave. Vancouver, BC V6R 4R8**

**Traditional Knowledge/Medicine Example:** "An example of our Traditional Knowledge, which is handed



down for generations, is when there is a decline of winter rainbow stock and size; the first trout that is caught is used in a special ceremony. Oilcan grease is put into the mouth of the trout and an ancestral prayer is done; the trout is released back into the water. This practice always increases the stock and size for the following year."

-Ulkatcho First Nations, submitted by Betty Squinas